



Personal Independence Payment: scoring descriptors

**DAILY LIVING ACTIVITIES**

**1. Preparing food.**

- A. Can prepare and cook a simple meal unaided. **0 points.**
- B. Needs to use an aid or appliance to be able to either prepare or cook a simple meal. **2 points.**
- C. Cannot cook a simple meal using a conventional cooker but is able to do so using a microwave. **2 points**
- D. Needs prompting to be able to either prepare or cook a simple meal. **2 points.**
- E. Needs supervision or assistance to either prepare or cook a simple meal. **4 points.**
- F. Cannot prepare and cook food. **8 points.**

**2. Taking nutrition.**

- A. Can take nutrition unaided. **0 points.**
- B. Needs: to use an aid or appliance to be able to take nutrition; or supervision to be able to take nutrition; or assistance to be able to cut up food. **2 points.**
- C. Needs a therapeutic source to be able to take nutrition. **2 points.**
- D. Needs prompting to be able to take nutrition. **4 points.**
- E. Needs assistance to manage a therapeutic source of nutrition. **6 points.**
- F. Cannot convey food and drink to their mouth and needs another person to do this. **10 points.**

**3. Managing therapy or monitoring a health condition.**

- A. Either:  
does not receive medication or therapy or need to monitor a health condition; or  
can manage medication or therapy or monitor a health condition unaided. **0 points.**
- B. Needs either: to use an aid or appliance to be able to manage medication; or  
supervision, prompting or assistance to be able to manage medication or monitor  
a health condition. **1 point.**
- C. Needs supervision, prompting or assistance to be able to manage therapy that takes no  
more than 3.5 hours a week. **2 points.**
- D. Needs supervision, prompting or assistance to be able to manage therapy that takes more  
than 3.5 but no more than 7 hours a week. **4 points.**
- E. Needs supervision, prompting or assistance to be able to manage therapy that takes more  
than 7 but no more than 14 hours a week. **6 points.**
- F. Needs supervision, prompting or assistance to be able to manage therapy that takes more  
than 14 hours a week. **8 points.**

**4. Washing and bathing.**

- A. Can wash and bathe unaided. **0 points.**
- B. Needs to use an aid or appliance to be able to wash or bathe. **2 points.**
- C. Needs supervision or prompting to be able to wash or bathe. **2 points.**
- D. Needs assistance to wash either their hair or body below the waist. **2 points.**

- E. Needs assistance to be able to get in or out of a bath or shower. **3 points.**
- F. Needs assistance to be able to wash between the shoulders and waist. **4 points.**
- G. Cannot wash/bathe at all & needs another person to wash the whole body. **8 points.**

#### 5. Managing toilet needs or incontinence.

- A. Can manage toilet needs or incontinence unaided. **0 points.**
- B. Needs to use an aid or appliance to manage toilet needs or incontinence. **2 points.**
- C. Needs supervision or prompting to be able to manage toilet needs. **2 points.**
- D. Needs assistance to be able to manage toilet needs. **4 points.**
- E. Needs assistance to manage incontinence of either the bladder or bowel. **6 points.**
- F. Needs assistance to manage incontinence of both bladder and bowel. **8 points.**

#### 6. Dressing and undressing.

- A. Can dress and undress unaided. **0 points.**
- B. Needs to use an aid or appliance to be able to dress or undress. **2 points.**
- C. Needs either: prompting to dress, undress or determine appropriate circumstances for remaining clothed; or prompting or assistance to be able to select appropriate clothing. **2 points.**
- D. Needs assistance to be able to dress or undress their lower body. **2 points.**
- E. Needs assistance to be able to dress or undress their upper body. **4 points.**
- F. Cannot dress or undress at all. **8 points.**

#### 7. Communicating verbally.

- A. Can express and understand verbal information unaided. **0 points.**
- B. Needs to use an aid or appliance to be able to speak or hear. **2 points.**
- C. Needs communication support to be able to express or understand complex verbal information. **4 points.**
- D. Needs communication support to be able to express or understand basic verbal information. **8 points.**
- E. Cannot express or understand verbal information at all, even with communication support. **12 points.**

#### 8. Reading and understanding signs, symbols and words.

- A. Can read and understand basic and complex written information either unaided or using spectacles or contact lenses. **0 points.**
- B. Needs to use an aid or appliance, other than spectacles or contact lenses, to be able to read or understand either basic or complex written information. **2 points.**
- C. Needs prompting to read or understand complex written information. **2 points.**
- D. Needs prompting to read or understand basic written information. **4 points.**
- E. Cannot read or understand signs, symbols or words at all. **8 points.**

#### 9. Engaging with other people face to face.

- A. Can engage with other people unaided. **0 points.**
- B. Needs prompting to be able to engage with other people. **2 points.**
- C. Needs social support to be able to engage with other people. **4 points.**
- D. Cannot engage with other people due to such engagement causing either: overwhelming psychological distress to the claimant; or the claimant to exhibit behaviour which would result in a substantial risk of harm to the claimant or another person. **8 points.**

#### 10. Making budgeting decisions.

- A. Can manage complex budgeting decisions unaided. **0 points.**
- B. Needs prompting or assistance to make complex budgeting decisions. **2 points.**

C. Needs prompting or assistance to make simple budgeting decisions. **4 points.**

D. Cannot make any budgeting decisions at all. **6 points.**

To get an award of the daily living component, you need to score:

8 points for the standard rate or

12 points for the enhanced rate

## **MOVING AROUND ACTIVITIES**

### **11. Planning and following journeys.**

A. Can plan and follow the route of a journey unaided. **0 points.**

B. Needs prompting to be able to undertake any journey to avoid overwhelming psychological distress to the claimant. **4 points.**

C. Cannot plan the route of a journey. **8 points.**

D. Cannot follow the route of an unfamiliar journey without another person, assistance dog or orientation aid. **10 points.**

E. Cannot undertake any journey because it would cause overwhelming psychological distress to the claimant. **10 points.**

F. Cannot follow the route of a familiar journey without another person, an assistance dog or an orientation aid. **12 points.**

### **12. Moving around.**

A. Can stand and then move more than 200 metres, either aided or unaided. **0 points.**

B. Can stand and then move more than 50 metres but no more than 200 metres, either aided or unaided. **4 points.**

C. Can stand and then move unaided more than 20 metres but no more than 50 metres. **8 points.**

D. Can stand and then move using an aid or appliance more than 20 metres but no more than 50 metres. **10 points.**

E. Can stand and then move more than 1 metre but no more than 20 metres, either aided or unaided. **12 points.**

F. Cannot, either aided or unaided: stand; or move more than 1 metre. **12 points.**

To get an award of the moving around component, you need to score:

8 points for the standard rate or

12 points for the enhanced rate